

## Thank You and Reflection from the Executive Director

*The manner of giving is worth more than the gift. - Pierre Corneille*

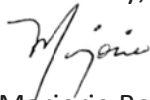
Because we do it together, the following are some of the many mile stones achieved in 2010:

- Food was distributed to over 190 agencies, churches and food depots.
- A depot distributes food hampers to anyone in need in a specific geographical area. There are currently 40 depots affiliated with Edmonton's Food Bank. *(In 2008, there were 32 depots affiliated with Edmonton's Food Bank).*
- Over 3.4 million kilograms of food were collected, sorted, repackaged and distributed. *(It is estimated that Edmonton's Food Bank is collecting between \$14,000,000 and \$15,000,000 worth of food each year).*
- Over 41,200 volunteer hours were worked by committed supporters.
- As reported to Food Banks Canada, Edmonton's Food Bank provided hampers to 14,936 **different** individuals in March 2010 Hunger Count.

Our work and these achievements are because of the kind support of our volunteers, donors and community partners.

In 2011, Edmonton's Food Bank will acknowledge **30 years** of service. We have been very fortunate to be supported by the wide range of committed volunteers, donors and other supporters. Your kind support and ongoing encouragement to reduce hunger in our community is appreciated.

Yours truly,



Marjorie Bencz, CM  
Executive Director

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## Hunger is Complex

The underlying reasons why an individual or family needs the services of the Food Bank varies from household to household. Some people need access to educational opportunities in order that they can get a better paying job. For others, access to safe, affordable housing is a priority. Edmonton's Food Bank is pleased to work with over 190 agencies,

churches and food depots in Edmonton. These affiliates are providing direct food services to people in need. Many of these affiliates provide hampers to low-income families. Others provide meals or snacks to the disadvantaged. Edmonton's Food Bank makes every effort to provide nutritional, quality food to these groups in order to reduce food insecurity. Many of our affiliates offer comprehensive or specialized

services in the community. For example, some groups offer counselling, workshops, EL lessons, mentorship programs or other programming to develop people's potential or to strengthen the community.



## Who Am I Helping?



I am a thirty-two year old mother of two. Approximately eighty-five percent of my monthly income goes to paying for food and housing costs. When children need shoes, winter clothing or recreation, I use some of my food budget. These are the months that I get a hamper from the Food Bank.

## Edmonton's Food Bank - Fast Facts



### Mission Statement

To be stewards in the collection of surplus and donated food for the effective distribution, free charge, to people in need in our community while seeking solutions to the causes of hunger.

### About Edmonton's Food Bank

- Works collaboratively with more than 190 agencies, churches and food depots throughout Edmonton, such as the Salvation Army, Operation Friendship, The Mustard Seed, Our House Addiction Recovery and the George Spady Centre. These agencies receive food from our warehouse to assist their clients.
- Serves approximately 15,000 people per month through our hamper program.
- In addition, over 300,000 meals and snacks are provided monthly through our affiliated agencies.
- 40 percent of our clients are children under the age of 18.
- Provides special festive meals to the community.
- Supports community events such as Edmonton's bi-annual Homeless Connect.
- More than 1,100 events are coordinated each year in the community to raise food, funds and awareness for the Food Bank.
- Collected, sorted, repackaged, and redistributed 3.4 million kilograms of food in 2010.
- Is a United Way agency but does not receive any government funding.
- Provides warehouse space for our provincial organization, Alberta Food Banks.
- Is a recognized teaching facility for Concordia University's Environmental Health Program.
- Two Food Bank board members were named Avenue Edmonton magazine's Top 40 Under 40 in 2010.
- Board chair was the recipient of the 2010 Riverview Rotary Integrity Award.
- Was named one of the recommended charities for 2009 and 2010 by Charity Intelligence ([www.charityintelligence.ca](http://www.charityintelligence.ca)).



## Spring is here!! Almost Time to Plant-A-Row Grow-A-Row?

Are you thinking about getting your gardening tools out of the “ice shed”? Here is an idea that is beneficial for everyone in more ways than one! Get your whole family away from the television and participant in **Plant-A-Row Grow-A-Row!** Root vegetables can be donated to the Food Bank in the fall. For more information on how to support the Food Bank, please check our website at [www.edmontonsfoodbank.com](http://www.edmontonsfoodbank.com) or call us at 780.425.2133.



Edmonton's Food Bank gleans, collects, repackages, stores and redistributes food to over 190 agencies, churches and food depots.

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Executive Director: Marjorie Bencz, CM

Office: 11508-120 Street  
P.O. Box 62061  
Edmonton, AB T5M 4B5  
Phone: 780.425.2133  
Fax: 780.426.1590

[www.edmontonsfoodbank.com](http://www.edmontonsfoodbank.com)

*We want to share our  
ATTITUDE of GRATITUDE  
from the bottom of our  
hearts for all the support  
you have provided for the  
Edmonton Food Bank!*

