

## Contact Information

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**Connect With Us:**

 @yegfoodbank

 Edmonton's Food Bank

 edmontonsfoodbank.com

## Message from the Executive Director

Dear Friends,

We hope this letter finds you well, as this time of year is beautiful and fresh, with our river valley and communities green and full of life.

This newsletter has updates about what is happening at the Food Bank. Over the last few months, we have made numerous operational and service changes to keep our clients, agencies, guests, volunteers, and staff safe. The food drives and special events that we rely on are obviously not happening, while there continues to be an ongoing need for our services. Donors have been actively supporting us through monetary donations, which have helped us with food purchases and operations.

We have always been grateful for our ongoing relationship with the Edmonton Heritage Festival Association (EHFA). The EHFA is usually a three-day event where you can sample delicious food, see creative performances, and celebrate Canada's multiculturalism. In a world that often looks at our differences with negativity, we have been proud to be associated with the Festival as we celebrate and acknowledge our magnificent multiculturalism as a community. In addition to being a major food drive for the Food Bank, the Festival is a major fundraiser for many cultural organizations.

This is a different year. This is a different Festival and will be celebrated virtually. EHFA is working hard to create a virtual cultural experience that entertains, informs, and engages. Check out [heritagefest.ca](http://heritagefest.ca) for more information.

As I said earlier, the Festival is usually a major food drive for Edmonton's Food Bank and regardless of the format, there are still ways to support our work. On **Saturday, August 1** from **10 am to 4 pm**, we will have two drive thru drop-off points for non-perishable food donations:

**North end:** Edmonton's Food Bank (11508-120 Street)

**South side:** Southgate Centre Parking Lot (5015-111 Street NW)

If you are unable to come to our drive thru drop off, another way to support us is by donating securely online at [edmontonsfoodbank.com/donate](http://edmontonsfoodbank.com/donate) or non-perishable food donations may be left in our donation bins at your favorite grocery store.

Thank you for your ongoing support and friendship. Stay well.



Marjorie Bencz, CM  
Executive Director



## FOR IMMEDIATE IMPACT, PLEASE DONATE ONLINE.

We are pleased to offer you the option of donating securely online through CanadaHelps for either one-time or monthly donations.

[edmontonsfoodbank.com](http://edmontonsfoodbank.com)

**DONATE NOW**

## WHAT WE HAVE BEEN DOING TO STAY SAFE

Because of you, we are able to continue to do what we do best – feeding people and serving those in need, as we have since 1981.



Due to COVID-19, we have made numerous operational changes at Edmonton's Food Bank to lessen the risk to volunteers, staff, donors, and clients while we continue to help our neighbours in need. Like other front-line organizations, we have increased our cleaning and physical distancing, while continuously reviewing and adjusting our processes/access to reduce any possible interruption in service.

Because of your ongoing support of our work, we wanted to share how donations have helped us so far during the COVID-19 Pandemic.

- Plexiglass barriers installed around reception and client intake areas;
- Physical distancing implemented throughout our facilities and work areas;
- Adjusted food purchases to meet the need of our shelter and soup kitchen agency partners like single serving items and deli meat;
- We have changed our Volunteer Program. Individual and long-term volunteers have remained consistent supporting our operations;
- Between March 11 and April 30, we purchased \$323,718 worth of food.

EDMONTON'S  
FOODBANK  
HERITAGE FOOD DRIVE



Donate securely online at:

[edmontonsfoodbank.com/donate](https://edmontonsfoodbank.com/donate)

- OR -

Donate food at our drive thru food drive  
Saturday, August 1 from 10AM to 4PM at:

**Edmonton's Food Bank 11508-120 St  
Southgate Centre Parking Lot 5015-111 St**

**THANK YOU FOR YOUR SUPPORT**



Help us  
**beet**  
hunger.

If you have a bountiful harvest from your garden this season we will gladly accept donations of fresh vegetables!

Please bring them directly to our main warehouse (11508-120 Street), Monday-Saturday, 8:30AM-4:30PM.



**IF YOU OR SOMEONE YOU KNOW IS STRUGGLING WITH MENTAL HEALTH OR SUBSTANCE USE DURING THESE STRESSFUL TIMES, THERE IS HELP.**

**Looking for help? Need support?**

Call 811 to speak with a Registered Nurse about your health concerns.

Call 780.424.2424 for adult addiction and mental health.

**Looking for a service?**

Call 811 to have an Information & Referral Specialist help find the service that's right for you.

**If facing an emergency and need immediate help:**

Go to the nearest urgent care centre/emergency room, or call 911.

## Client Story

*Michael is a 72-year-old, low income senior who contacted Edmonton's Food Bank during the initial stages of the pandemic. Michael explained that his right lung was removed a couple of years ago because of cancer.*

*He is on oxygen and is housebound. Usually, Michael's son helps him by picking up his food hamper; however, his son is now out of province with a new job. We were able to arrange for a hamper to be delivered to Michael and ensure that he was nourished thanks to donations from our community.*



**YOUR LEGACY  
GIFT WILL MAKE  
A DIFFERENCE IN  
YOUR COMMUNITY**

**Plan Your Legacy | Make A Gift In Your Will  
Create A Kinder Community**



Edmonton Gleaners Association | 129185310 RR0001

For information about planning your legacy,  
please contact Tamisan at 780.425.2133 ext 232.

[edmontonsfoodbank.com](https://edmontonsfoodbank.com)