

EDMONTON'S FOOD BANK  
**UPDATE**  
JUNE 2023



### Messages of Thanks

"Hello to whomever opens this email. I don't know if others take the time to say thank you, but I would like to.

Your assistance to me is very much appreciated. Sometimes it is a sad choice for me to choose between food or getting my medications.

Being on a fixed income with medical issues is very hard. With your help I can have both – food and my meds.

Thank you!"

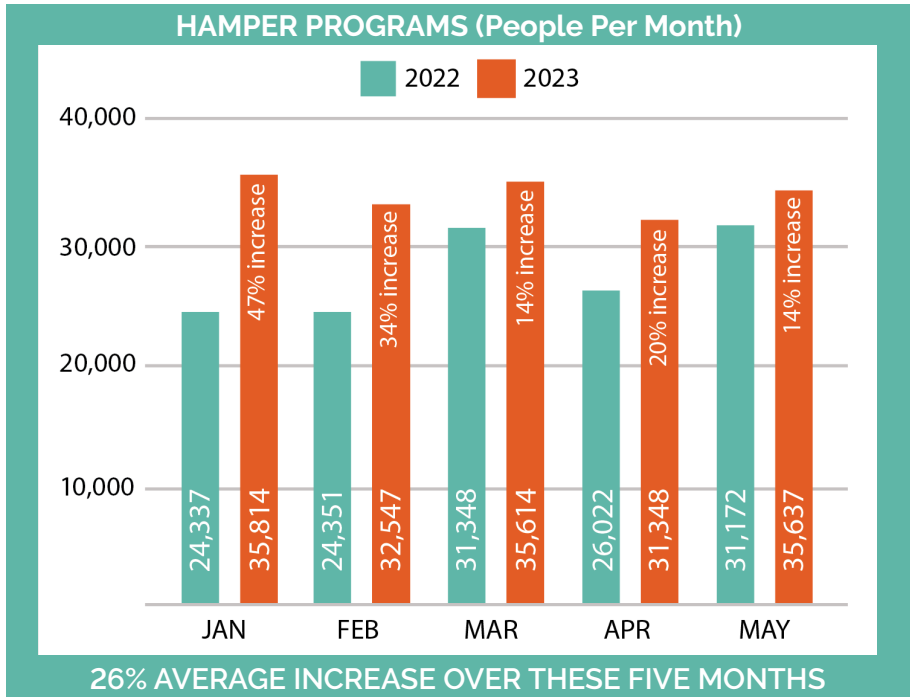


"Over the years, the Food Bank has helped me so much, and when I am able to give again, I will be cutting you a cheque.

Thank you so so so much! I am so grateful for all you do to help others."

## UNPRECEDENTED DEMAND CONTINUES

As we continue our 2023 journey, the community needs have not lightened for Edmonton's Food Bank. The first five months of this year compared to 2022 have shown a staggering trend:



*These numbers are from our hamper programs only. These numbers do not include the work we are doing with schools, soup kitchens, shelters, and other community organizations.*

### A little bit about the context of why we are here:

- Inflation disproportionately affects low-income people more than others.
- Complex issues like the lack of safe affordable housing continues in our community.
- Increased cost of food affects the Food Bank in a number of ways including the quality and quantity of food that we can purchase for our clients, as well as some donors have expressed concerns about their ability to support us with the same level of contributions that they have in the past.
- More schools, food depots, soup kitchens, shelters, and community organizations are asking for food from Edmonton's Food Bank to serve people in need.

### In order to keep our food supplies and services sustainable, we have made changes including:

- Making strategic changes to the size and contents of our hampers.
- Having sensitive conversations with people and encouraging our community to make food a priority in households.
- Defining what specific programs that we are supporting; we cannot do everything for everyone.
- Operational changes like more phone lines and increased warehouse hours.

People have been very supportive of the work of Edmonton's Food Bank. We appreciate the kind contributions of food, time, and money.

It is really about the fact that the need for services is growing faster than the contributions that we are receiving.



Because of you, we are able to continue to do what we do best - serving those in need, since 1981.

If you have any questions please contact Tamisan Bencz-Knight, Manager of Strategic Relationships & Partnerships at 780.425.2133 ext. 232