



# 2022 ANNUAL REPORT

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# About Edmonton's Food Bank



The Edmonton Gleaners Association, more commonly known as Edmonton's Food Bank, was incorporated in 1981 and was the first food bank in Canada. Edmonton's Food Bank primarily operates as a central warehouse redistributing food to over 300 agencies, shelters, churches, schools, and food depots throughout the city to support their programs. Thanks to this consolidated effort, we ensure that food donations go directly to those who need it the most while reducing duplication of community efforts. In conjunction with our partner program support, we directly provide food hampers to tens of thousands of individuals and families monthly.

## MISSION

To be stewards in the collection of surplus and donated food for the effective distribution, free of charge, to people in need in our community, while seeking solutions to the causes of hunger.

## VISION

We envision a community where all citizens have access to an adequate and nutritious supply of food.

As an affiliated member of Food Banks Canada, we are committed to the mantra:  
**Relieving hunger today. Preventing hunger tomorrow.**

## VALUES

### COMMITMENT

Living the mission.

### INTEGRITY

Modeling integrity and accountability.

### SERVICE

Serving the community.

### INNOVATION

Seeking change through innovation and creativity.

### RESPONSIVENESS

Listening and building relationships.

### FAIRNESS

Embracing equality.

# Message from Michael Capus



If 2021 was about learning how to adapt to the rapidly changing economic and affordability challenges in our community, then 2022 has certainly challenged what we thought we knew.

This past year has been tough on Edmonton's Food Bank and the people we serve. We hit a milestone, with 35,000+ community members requiring hampers in a single month. It was almost double what we were serving only three years ago. The demand was so high that we had difficulty keeping our shelves stocked and had to make some difficult operational choices to stretch our supplies to meet this growing demand.

Thankfully, we were once again able to rely on the generous support of our donors, volunteers, and partners who helped us raise more than 6 million kilograms of food and 10 million dollars. Without this support we would not have been able to afford the roughly \$280,000 a month that we are spending just on food, in addition to relying on our gleaning efforts for our hampers and other food programs.

I'm appreciative of the pride and commitment this organization and its people have for their work. Everyone I interact with through Edmonton's Food Bank is drawn to our mission: finding solutions to end hunger. It's our common thread and we continue to make strides aligned with this.

We recognize that food hampers are not a long term response and there are more ways we can help address those most in need. This past year, we expanded

our Beyond Food program to help our clients and others have easier and non-stigmatizing access to employment supports.

We recognize and understand that Edmonton's Food Bank has a role to play in championing diversity. We're committed to leading with equity, inclusion, and diversity in all that we do. This past year we invested in equity, inclusion, and diversity training for our staff to support our clients and volunteers and we're continuing to build on strong partnerships with various community groups.

Finally, this past year, we purchased a new warehouse. Championed by the generosity of our donor community, this helps us further expand our services to meet the ever-growing demand. As an organization that requires physical space, this further reinforces our investment to support people in our community. This investment is part of our long-term strategy as the facility's mortgage is less than the cost of our rental warehouse. To learn more, feel free to reach out to the management team.

We're grateful to be stewards of such an impactful organization and look forward to continuing our work in the future because of your support. On behalf of the Board of Directors, thank you.

Sincerely,

Michael Capus, Chairperson



# Thank You

*"I've been struggling to make ends meet and barely getting by. I am very happy for the help and thank you for making the process simple & easy."*

~Melissa, disabled, single mother of four



## Deep Appreciation from our Executive Director,

Edmonton's Food Bank continues to see record numbers of people and partner organizations requesting help from our organization. The last couple of years have taken their toll on our clients, volunteers, and staff. Despite this heaviness, we continue to be inspired by the kindness and generosity that surrounds us. Public food donations remain consistent and our community remains loyal and supportive of our mission. Our dedicated response to the needs of Edmontonians is thanks to our donors, staff, volunteers, and partner organizations.

Thank you for giving your gifts of food, time, and money. You are appreciated for all you do.

**Marjorie Benz, Executive Director**

Edmonton's Food Bank

**HELPED**  
on average  
**30,787**  
each month

*Bonnie's spinal injury created an added barrier for her to access a food hamper. Thankfully, the Crystal Kids depot was able to coordinate a delivery.*

*"Wow, I didn't expect this to be so easy, You are a dream come true."*

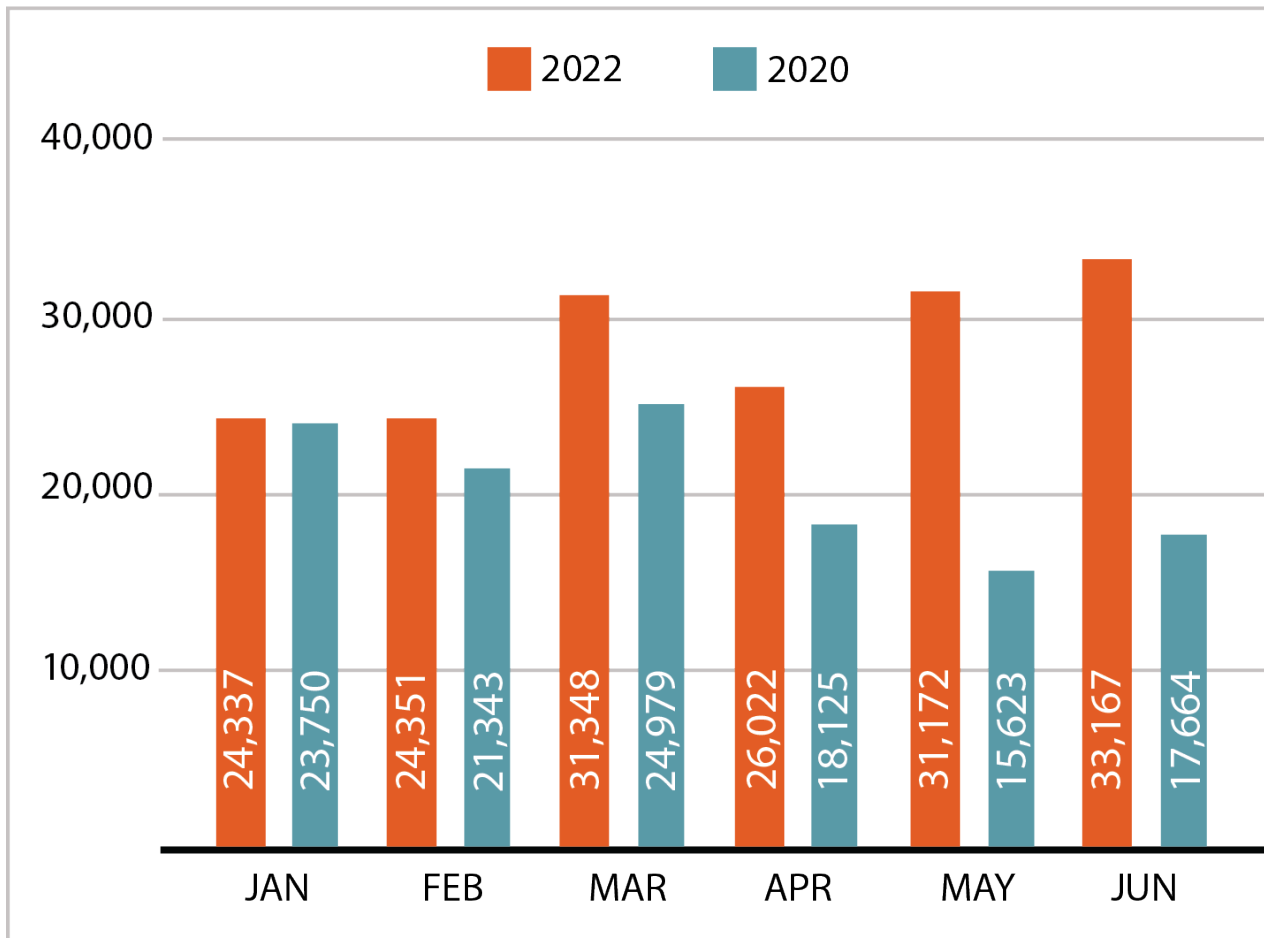
~Bonnie, Food Bank client

**450,000**  
Meals & Snacks  
**EACH MONTH**

# People Served

People reach out for help through our call centre. These staff and volunteers answer the phone, email, and fax requests for an individual or family needing food help. Each number and statistic shared throughout this report represents a person – a family member, a friend, a co-worker, or neighbour.

## JANUARY TO JUNE



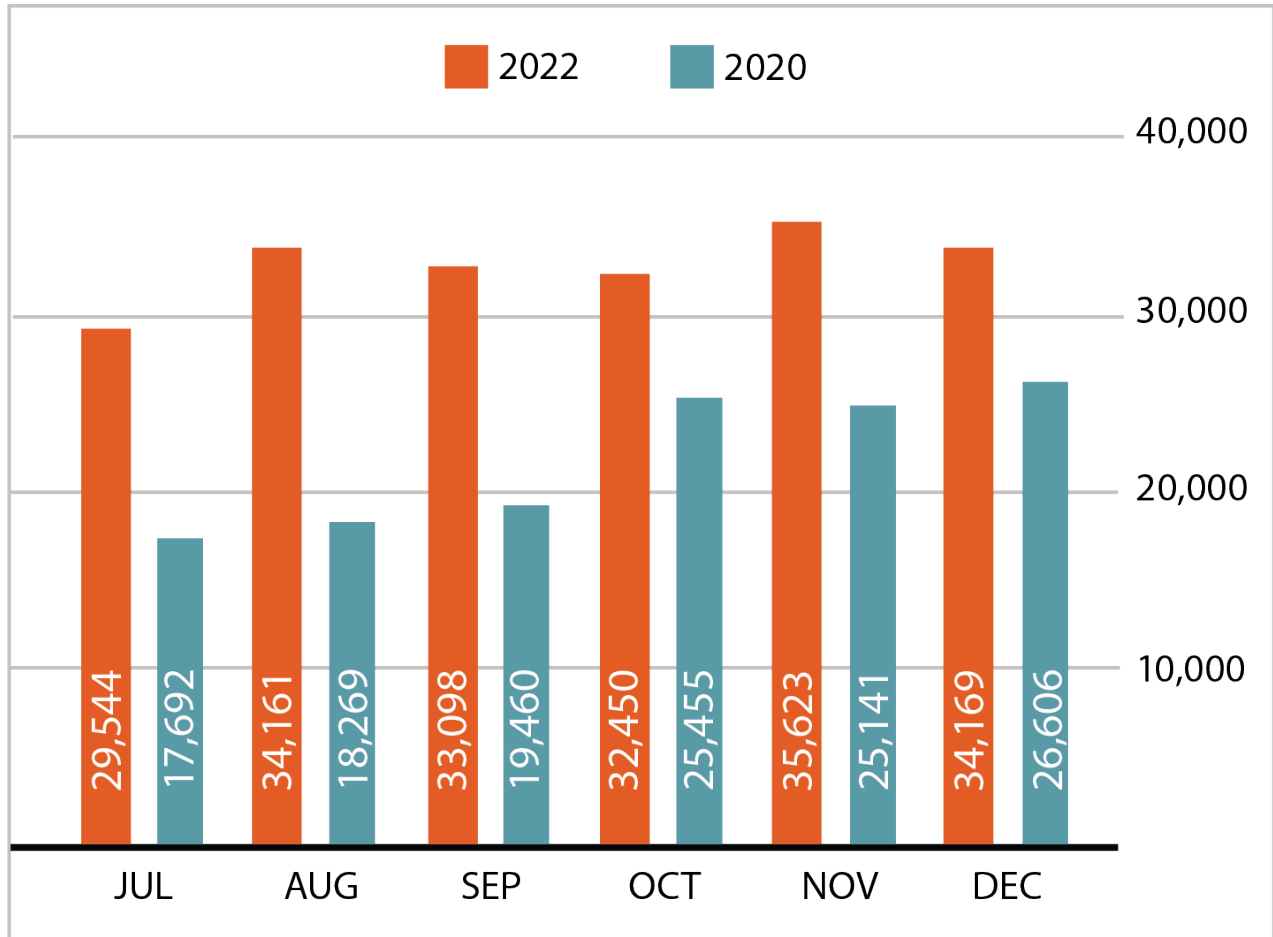
*"My husband and I used to donate to the Food Bank and now I need the help. Once I get back on my feet, I'll be paying it back. Thank you for being there for me."*

~Claudia, 63-year-old widow

**45%**  
**INCREASE**  
between 2020 and 2022

# People Served

## JULY TO DECEMBER



About  
**40%**  
**SERVED**  
are children

*"I wanted to say thank you so much for giving me ginger and lemons. I had COVID a month ago and still can't swallow. Bless you because I'm going to make some lemon-ginger tea and it's going to do me a world of good. I really appreciate you!"*

~Emily, waiting for surgery

# Where We Serve



## OUR NEWEST ADDITION

Edmonton's Food Bank has grown considerably since its inception in 1981 and is still growing today.

In fall of 2022, we acquired the building between our main warehouse and The Annex to help us better accommodate our clients and ever-growing services. This building will primarily be used to store more non-perishable food and as a depot location, along with a pantry for clients.

Prior to acquiring the building we were renting storage space down the street to be able to store food, and now will have easier access with the addition of our third building.

Special thanks to the Muttart Foundation for providing us a mortgage.



## THE ANNEX

Our second warehouse, called The Annex, houses three departments:

- Client Services (Call Centre)
- Resource Development
- Beyond Food Program



## MAIN WAREHOUSE

Our main warehouse is the heart of food distribution and includes sorting, repackaging, hamper-making, and our agency sharing system. This warehouse also has walk-in coolers and freezers.



*"Our newest warehouse is in need of upgrades including new H.V.A.C. system, electrical, and accessibility upgrades. Thanks to the (CFEP) Community Facility Enhancement Program grant of \$737,000 these renovations and more will be completed."*

-Mark Doram, Director of Operations  
Edmonton's Food Bank



# Our Programs & Services

## HAMPERS

A food hamper is a box of food, consisting of fresh and non-perishable food items. Hampers are assembled based on the size of the household and any dietary requirements. Upon request, additional items may be added such as pet food, school snack items, and toiletries. We rely on donated food.

As a charity, Edmonton's Food Bank cannot provide all the nutritional and food needs for all people at all times. We encourage people to make purchasing food a priority when they receive their paycheques, salary, or government financial support. Beyond hampers, we refer people to other helping organizations to help with food planning or budgeting.



## FOOD DEPOTS

We want people to get their food in their neighbourhood close to home. To do this, we collaborate with 66 community food depots. Volunteers at these sites are instrumental for food access around Edmonton.



## MOBILE FOOD DEPOTS

Where there are limited physical hamper distribution opportunities (i.e. no physical building to work from), hampers are delivered to specific communities using our Mobile Hamper Program.



## EMERGENCY BAGS

These bags of food are for specific service providers for distribution to individuals in crisis. The bags are prepared with non-perishable items, some key staples, along with information to access other food. We work with the Edmonton Police Service to give to high-risk individuals and families, as well as groups like Scona Seniors for isolated and vulnerable seniors.

*"Never in a million years did I ever think that we would be in this situation. Life turns on a dime. We are so thankful to the food bank for the wonderful food hamper for me and my family. Thank you."*

~ Annette, single mother of three

A complete list of our depots is available on p. 30

# Our Programs & Services



Thanks to the ATCO EPIC campaign, our S.N.A.C.K Program got a financial boost of \$46,726! Funds were raised through employee giving and initiatives planned like volunteering Days of Caring, 50/50, and even a WestJet raffle. We are grateful for the combined efforts of ATCO and their staff.

## AGENCY MEAL & SNACK PROGRAMS

Our work cannot be done in isolation. We work collaboratively with 320 community partners and agencies to distribute about 450,000 meals and snacks per month. Food access for our partner agencies depends on the program requirements and the focus of their mission, and is provided free of charge.

A complete list of our partners is available on pages 26 to 32 of the report.

## S.N.A.C.K. PROGRAM

(SUPPORTING NUTRITION FOR ALL CLASSES AND KIDS)

We provide healthy snacks to children and we are currently working with 88 schools plus numerous child focused programs throughout Edmonton. In addition to donated snacks from the public, the Food Bank purchases key items to ensure availability and nutrition. These purchased snacks have no added sugar, low sodium, and include items like granola bars, unsweetened apple sauce, and more.



## AFTER THE BELL

Thanks to Food Banks Canada and amazing donors, we shared 7,280 healthy food packs through various agencies directly to children. After the Bell reduces child hunger by providing a lifeline over the summer for many low-income families with children. These child friendly, nutritious packs contain non-perishable food along with a variety of fresh fruit and vegetables like carrots, apples, oranges, and snap peas depending on the weeks' fresh purchases.

After the Bell is possible thanks to dedicated donors who support the program across the country. Thank you.

# By The Numbers

**66**  
community  
food depots

**227,931 km**  
travelled by  
Food Bank  
vehicles

**441**  
average daily calls  
to Client Services

**67,046**  
unique clients  
served through  
hamper  
programs

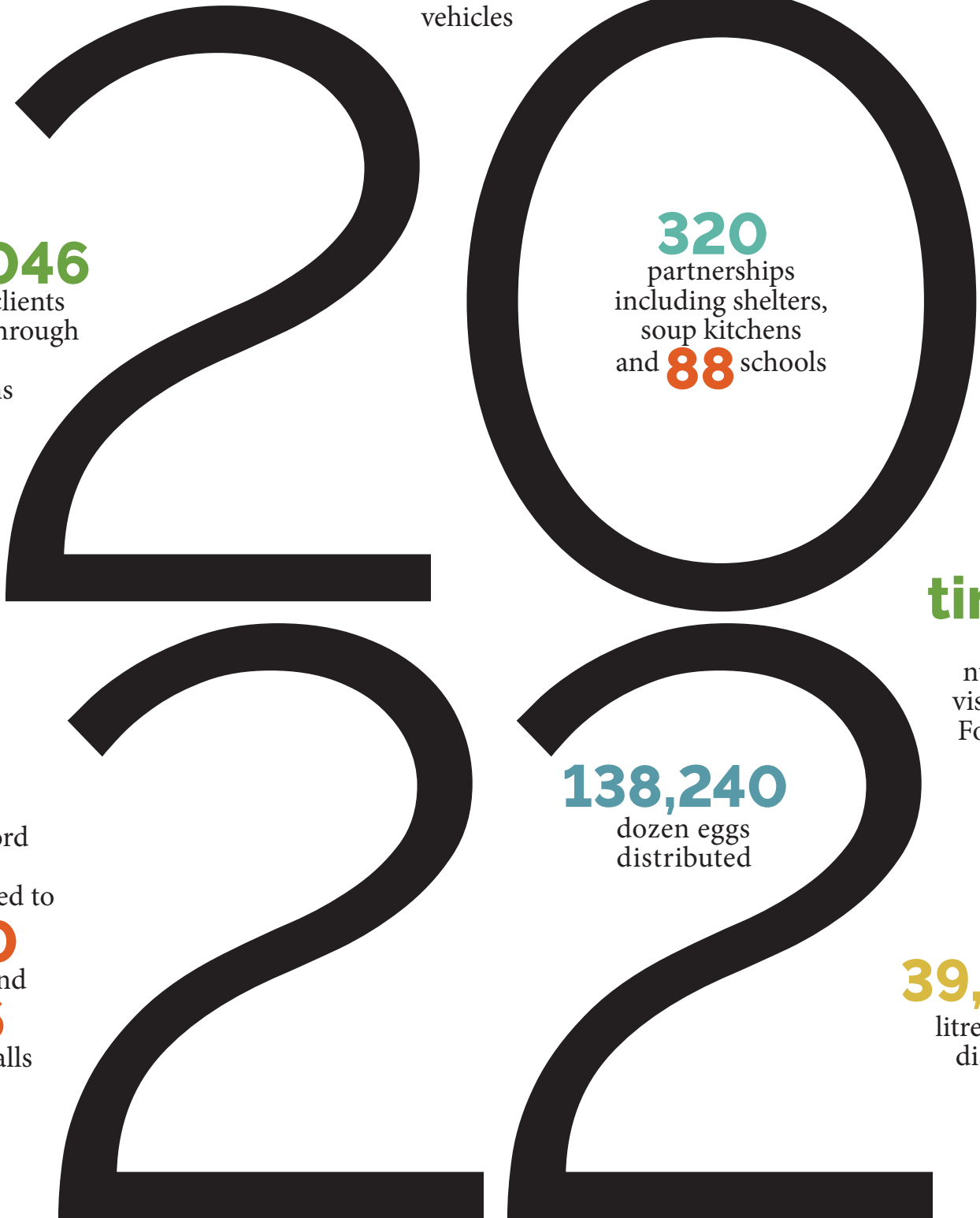
**320**  
partnerships  
including shelters,  
soup kitchens  
and **88** schools

**5**  
**times**  
average  
number of  
visits to the  
Food Bank

In a record  
day, we  
responded to  
**400**  
emails and  
**596**  
phone calls

**138,240**  
dozen eggs  
distributed

**39,744**  
litres of milk  
distributed  
monthly



# Our Programs & Services

## BEYOND FOOD

In a collaborative effort between community agencies, the Beyond Food Program provides wrap around support and services to those experiencing poverty and food insecurity. We help clients become more self-sufficient and improve their employability. These services include academic upgrading, computer literacy skills, first aid training, safety tickets, interview and resume preparation, and more.

Thanks go out to Edmonton Community Foundation, Accenture, and TD Canada Trust for their financial support of this program.

Our Beyond Food program assisted

**854** CLIENTS!

We helped them secure

**523**

**SAFETY TICKETS**  
for employment

*"Safety tickets offered can be for Skid Steer/Forklift certification, Flagger, H2S Alive to even ProServe or Safe Food Handling. These qualifications can be the barrier for someone trying to secure employment. By helping people become self-reliant is to help them be food secure."*

-Wisam Abu Rajab, Beyond Food Coordinator  
Edmonton's Food Bank

- **1,400** free tickets were earned by participants
- **47** households helped filing their taxes
- **140** Ukrainians helped with **79** securing employment
- **42%** are women
- **54%** are immigrants/refugees/new Canadians
- **70%** are employed after being helped by our team



# Ukrainian Support

“The Food Bank has helped me and my family in this country. I am thankful for the help for the Ukrainian people.”

When the war began in February, Ukrainians were immediately welcomed with open arms in Canada.

Edmonton’s Food Bank instantly supported these individuals and families through our hamper programs. Thanks to key staff who speak Russian and Ukrainian, we were able to help them understand our services. We continue to help new Ukrainians as they make Edmonton their temporary home during this conflict.

In addition to the food support, we have been helping many Ukrainians in securing employment through our Beyond Food program. We have been working with The Learning Centre to assess individual Ukrainians on their English and to connect them to the right supports for them to succeed. Thanks to a couple of key volunteers, we were able to support people to get strong enough with the English language to participate in more structured classes. We also added volunteer connections in our warehouse to provide conversational language opportunities.

We are pleased to say that Edmonton’s Food Bank has also hired a few Ukrainians ourselves in our warehouse and our call centre (client services). Working side-by-side, we are all serving our community, while also providing added help in translating for other new arrivals.



Ukrainian Canadian Social Services graciously donating \$10,000 in recognition of the services being offered.

**140** Ukrainians helped through the Beyond Food Program

with **79** of them securing employment in Canada.



# Food Sources

## SECOND HELPING

In cooperation with conference centres and large banquet facilities, Second Helping gleans prepared yet not plated food from major kitchens. Donations are frozen, picked up, and made available to agency partners for use in their meal and snack programs. Donors adhere to Alberta Health Services protocols for food safety and packaging needs. Large donors to the program include the Edmonton Convention Centre and Rogers Place.



## PLANT A ROW, GROW A ROW, SHARE A ROW

This program encourages people to earmark and donate their homegrown fruit and vegetables to Edmonton's Food Bank. Some businesses such as Greenland Garden Centre and the Royal Mayfair Golf Club took this philosophy a step further by donating free seedlings to be grown and donated to Edmonton's Food Bank. Other amazing donors like the Little Potato Company provided seed potatoes to many gardens.

Unfortunately, we are unable to list all our "green-thumb" donors who collectively raised more than 40,000 kilograms of fresh produce for our hamper programs and our agency partners. Some honourable mentions go out to David's Pandemic Farm 11,625 kilograms, the City of Edmonton Farm 10,850 kilograms, and for the first time, the Ukrainian Village planted their first garden for us and raised 252 kilograms of potatoes.

About **60%**  
**OF OUR FOOD**  
is gleaned from the  
food industry



# Food Sources

## THE RETAIL FOOD PROGRAM

Edmonton's Food Bank started as a food gleaning organization in 1981. This salvaged food is the basis of our food sources and makes up two-thirds of the food we give out to people. We collect surplus food from retailers, distributors, and food industry partners across the city. This salvaged food may be considered surplus based on a number of factors including seasonal changes, overstock, or damaged exterior packaging.

All major food retailers are looking at ways to divert edible food from being wasted. We are proud to partner with our local grocery stores such as TGP, Overwaitea Foods, Sobeys, Loblaws, and Walmart to name a few. Additionally, our local producers and distributors like Canada Bread, Red Hat, Hello Fresh, Little Potato Company, and many, many more contribute surplus food to help our work.

Food Safety is one of our priorities. In response, our trucks are equipped with refrigerated units to ensure the cold chain remains intact. Our volunteers and staff take Safe Food Handling training and we track Food Recalls.



*"Many of our retail food donors take their giving to the next level by engaging their customers. These food and fundraisers bring in copious amounts of resources to help us do our work. We applaud and appreciate these gifts."*

-Sieg Bressmer, Retail Food Specialist  
Edmonton's Food Bank

## WALMART FIGHT HUNGER SPARK CHANGE

The fifth annual 'Fight Hunger. Spark Change' campaign raised \$173,240! These funds help purchase eggs, shelf-stable milk, fuel for our trucks and equipment to move food in our warehouse.



## NORTH CENTRAL CO-OP

Support we receive from our friends at North Central Co-op include initiatives like "Good Buy to Hunger" that raised \$25,302 for a feminine hygiene product drive! This unique and needed focus area did not go unnoticed.



For additional retail food and fundraisers, please review our Community sections of the report.

# Community

We are proud to share just a few of the groups, businesses, foundations, and individuals that have made our work possible. Our deepest gratitude and appreciation for all our communities' Hunger Heroes. Thank you.

## EDMONTON SIKH COMMUNITY

In recognition of the 553rd birthday of the founder of the Sikh religion, Guru Nanak Dev Ji, a donation of \$13,013 from our Edmonton Gurdwaras was made.



## MAYFIELD DINNER THEATRE

The 22<sup>nd</sup> annual fundraiser, Toonies for Turkeys, collected donations from patrons to help us going into the new year. This year \$19,128 was raised.

## FRASERWAY RV

We received a \$25,500 donation from long time supporters Fraserway RV. On top of this, they also collected non-perishable food donations at their RV Shows to feed those in need.

## SNOW VALLEY SKI CLUB

We are lucky to have so many wonderful community partners, especially ones like the Snow Valley Ski Club. During the winter, they support us with their Food Bank Fridays (presented by Servus Credit Union) by donating \$2 from each lift ticket sold. In the summer, they collect non-perishable food items for their target golf in the summer. Snow Valley Ski Club and their dedicated patrons raised food and over \$18,434 – all the while providing fun for everyone.





# Community



## CBC'S MAKE THE SEASON KIND

With the combined efforts of thousands of donors including private citizens and corporate giving, we raised a whopping \$1,096,015, surpassing their goal of a million dollars.

We were treated to stories of acts of kindness from across the city. Donors who had once needed support from the Food Bank shared the impact of receiving this help. The popular Grinch Walk also made a triumphant return.

We are unable to thank everyone who participated; however, a few awesome highlights include:

**ENBRIDGE** and their \$25,000 matching donations kicked off the 2022 campaign.

**HOLYROOD SCHOOL'S** 16<sup>th</sup> year raised \$10,822! This amazing tradition led by students and staff has surpassed \$350,000 of giving over the years.



**EPCOR** \$20,000 matching funds also triggered other gifts from donors.

**PARK PAVING** continued to find fun and unique ways year-round to raise funds to support this campaign. Because of this commitment, staff and management raised ~\$55,000!

**SHERWOOD PARK TOYOTA & TOYOTA NORTHWEST EDMONTON** gave a combined donation of \$250,000 which created an energetic on-air buzz for Blitz-Day. This was definitely a "mic drop" moment for everyone and pushed the overall initiative past its goal!



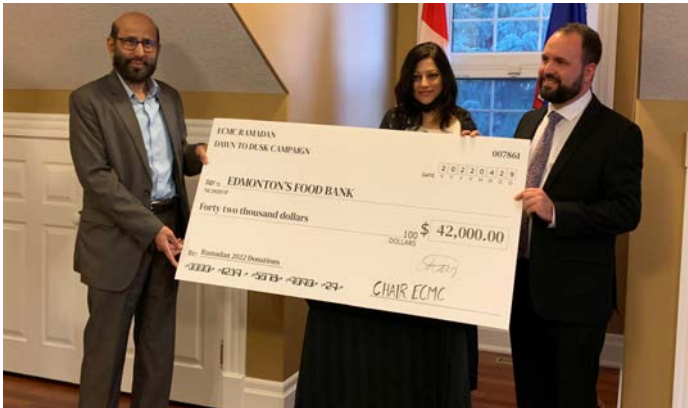
## GOVERNMENT OF ALBERTA

With the exception of grants, federal funds in 2020, and the recent announcement in Alberta, Edmonton's Food Bank does not receive government funding for food and operations on an ongoing basis. We were pleased to hear of the announcement on November 23 of the \$20M to food banks and civil society. Because of this, we received \$280,000 that paid for a month of food purchases and have also been able to trigger the added \$50,000 matching commitment.

*"Thanks for everything you do! My family benefitted from a food donation at one point, and it meant the world to us. Glad you're there to continue to give back!"*

-CBC Make the Season Kind Donor Quote

# Community



## EDMONTON COMMUNITY FOUNDATION

Thanks to a BIPOC Grant of \$75,000, we were able to purchase more culturally appropriate foods for our wide range of clients including items like cooking oil, flour, and halal chicken.



## DAWN TO DUSK

Ramadan is a time for unity and spiritual reflection for members of the community. It is also a time of empathy and giving. The Edmonton Council of Muslim Communities helped collect and donated a generous \$42,000 in support of our work.



## GIVE 30

Edmonton's Food Bank also participates in GIVE 30 where everyone, regardless of faith, is encouraged to give. Those fasting often tally up lunch or coffee money saved during the month to donate. It also inspires the broader community to give. Overall, the campaign collectively raised \$91,236 (including Dawn to Dusk donation).

## FURNACE FAMILY

As part of our extended family, the Furnace Family raised 816 kilograms of food and \$2,200 - this ongoing support by their business and customers is greatly appreciated.

## PAYPAL GIVING FUND

For the first time through their charity, PayPal raised funds by providing the opportunity for users to donate when using their PayPal account. PayPal, their customers, including an Edmonton Elks donation of \$5,000, raised an impressive \$39,388!

## THE SHAW FAMILY

The HOP Foundation, through a personal gift by the Shaw Family, has committed \$300,000 annually to Edmonton's Food Bank. A combined \$2.1M has helped pay for child-focused food to ensure continued positive impact for youth. Everything from shelf stable milk to peanut butter and eggs are purchased with this gift.



# Community

## EDMONTON FOOD DRIVE

Thousands of volunteers from The Church of Jesus Christ of Latter-day Saints once again organized a city-wide food drive in September. An astonishing 107,378 kilograms of food was donated!

This is the single largest campaign donation in our history and re-stocked our bare shelves. This event could not happen without the support from trucking companies including Matco, Action, Grimshaw, Purolator, and Bison.

## PUROLATOR TACKLE HUNGER

This long-standing charitable event saw the Edmonton Elks take on the Montreal Alouettes. Though the Elks did not win, eager football fans donated 2,123 kilograms of food and \$27,780! The Food Bank was definitely the winner at this game.

## HARVEST LUNCHEON

We welcomed the return the annual luncheon at our Annex in October to celebrate the harvest! With guests from across the city, we shared an intimate meal filled with laughter. Our guest speaker, Edmonton Elks President and CEO, Victor Cui, provided an intimate experience by sharing his story. With ticket sales, silent auction items, and in-person donations we raised \$43,220!

*"Community means everything to us. Without community, there would be no Food Bank. It is the commitment of our donors and volunteers that help us keep our doors open and continue to serve our community. A win-win all around. Thank you Edmonton!"*

-Debbie Theuss, Event Engagement Coordinator  
Edmonton's Food Bank



**HERITAGE FESTIVAL  
Food & Fundraiser  
22,762 kg & \$49,547**

# Community



## AMA

The Alberta Motor Association have been long-time supporters of our work and continue to support us through various fundraising events including Shredding and Fill Our Fleet. In 2022 they collected 5,225 kg of food and raised over \$61,934!

## PIZZA GIVING BACK



## DOMINO'S

Dominos Pizza has shown us their generosity throughout the year. Their ongoing promotion of 2 Large 2 Topping Pizzas and 2L of Coca-Cola with a \$5 donation to Edmonton's Food Bank for \$27.99 (Use code: FOOD!) helped raise over \$21,568 in 2022!

## PANAGO PIZZA

For the first time, Panago Pizza ran a promotion in November where \$2 was raised from every large and extra large pizza and \$860 was donated!



## LOBLAW CAMPAIGNS

Our local Superstores, No Frills, Real Canadian Wholesale Clubs, and City Market make fundraising a habit. Thanks to the Loblaw Spring Food Drive and Winter Food Drive, a combined total of \$104,845.11 and 21,156 kilograms of food was raised. Additionally, our local City Market brought in over \$20,000 as an added bonus – funds are used to target purchase key staples.



## BILLY TALENT

For their Crisis of Faith Tour, Billy Talent collected non-perishable food donations at each stop of the tour – guests donated 71 kg of food and volunteers enjoyed the show. In addition, the band donated a custom Billy Talent skateboard for us to use in our Magical Christmas Music Gala Silent Auction to raise more funds.

# Community

## EDMONTON SYMPHONY ORCHESTRA

Edmonton Symphony Orchestra Giving Back! Thanks to the ongoing support of our local musicians and their generous patrons, an amazing gift of \$16,367 was raised during the December ESO concerts.



## CRAM THE CRUISER

In collaboration with the Edmonton Police Service, Kingsway Superstore held a Cram the Cruiser event which brought in 446 kg of food donations!



## GEEKY GIFT MARKET

This was the second year the market asking for donations from attendees. They raised over \$7,000 and 973 kilograms of food during their weekend market.

## FRESON MARKET

Despite the dreary weather, the first annual Freson Market BBQ raised \$447.25!



## THE CITADEL THEATRE

Theatre goes attending A Christmas Carol donated food and an astronomical \$90,079.75 (including \$20,000 matching from our friends at Capital Power!)

## THE BACKYARD

In summer, outdoor music venue The Backyard presented their inaugural "For the Love of Downtown" music series where local artists performed every Thursday. Admission to the show was a donation and raised 52 kilograms of food.



# Community



## CANDY CANE LANE

The annual light up invited people to come down and admire the festive light displays from cars, on walk-only nights, or on sleigh rides. Individuals could donate food items in the many Food Bank donation bins along the route, and enjoy a hot chocolate as well. Donations from Candy Cane Lane totalled 11,859 kg.



## RBC FESTIVE BROWN BAG

Thanks to the RBC Foundation, our festive campaign goals were met! Events, private donations, and community raised \$3.5 M and 300,000 kilograms of food.

## ETS STUFF A BUS

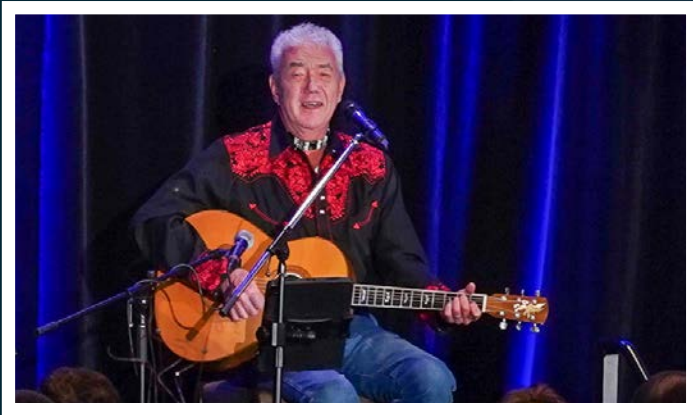
Partnering with another retail food donor, Save On Foods, this annual event collected \$25,732 and 20,201 kilograms of food. With the help of transit peace officers and ETS volunteers, shoppers banded together to cram the cruiser or stuff the bus between November 23-27.



# Community

## MAGICAL CHRISTMAS MUSIC GALA

Raising \$88,580, the evening was uplifting, with guests enjoying Tom Jackson's Stories, Songs, and Santa Causes, including his famous Huron Carole.



Special guest, The Chubby Cree, kicked things off with Rock Your World and set the tone for the event.



presented by



Celestial Wine and Spirits is proud to support Edmonton's Food Bank as the official wine sponsor of the Gala.

## A MUSICAL HOLIDAY TV SPECIAL

Another successful production of A Musical Holiday raised an amazing \$138,000 while sharing stories of hope and beautiful sounds of the season. Our musical guests included Aaron Goodvin, Celeigh Cardinal, Martin Kerr, and The Melisizwe Brothers.

Our television special is free to watch thanks to the generous donation from Servus Credit Union, with special shout out to First General Property Restoration Specialists for their contributions.



# A Story of Giving



Dear Edmonton's Food Bank,

I am contacting you in regards to a donation from my 7 year old son. I have a little story with it, so bear with me.

Back in December I came across a busted up, empty kleenex box on my kitchen table. When I went to throw it in the recycle I saw there was \$7.00 inside the box. I asked my kids, "why is there a broken kleenex box on the table with money in it?" My 7 year old son came into the kitchen and said "because I am collecting money for the food bank."

***"Why is there a broken kleenex box on the table with money in it?"***

He only had \$7.00 of his own money, and he put all of it in the box for donation. I was very touched that my little guy came up with this idea on his own, and gave all the money he had because he felt other people needed help. He made a goal to raise \$100.00.

The next day at work I was talking to a customer and told her how proud I was of my son for what he wanted to do. I had never met this lady before in my life. Next thing I know she handed me a \$5.00 bill for his donation box. When I got home and gave it to my

son, he started to cry. He was so touched that someone he did not know was willing to help him reach his goal. I posted a little blurb on my social media about his kleenex box, because how could I not? So proud of his big heart. Next thing I know I was getting emails, phone calls and messages from people wanting to help him reach his goal. Within a week he had raised \$287.00!

So now is the big question.... how can I arrange for him to personally bring you the money? If at all possible I would love to have him come to a location to drop it off in person and also see part of the facility so he can see what his donations will do for people in need.

Sincerely,

Chelcey & Boadie Buck

***"...because I am collecting money for the food bank."***





# Because of YOU

## EDMONTON'S FOOD BANK

collected,  
sorted  
and  
redistributed

**5.9**  
million kgs

of food valued  
at over

**\$39M.**

## WE SPENT

just over

**\$3M**

on food purchases  
like milk, eggs, oil,  
flour and other key  
staples.

OUR VEHICLES  
**TRAVELED**  
the equivalent of

**29** times  
across

the Trans-Canada  
Highway (West to East).

*"We've been donating to the food bank monthly for the past two years and just had the chance to see it in action when we helped an Afghani refugee family pick up their food hamper - it was wonderful to see all the great food that they received. The depot was well organized and the volunteers were very helpful. Thank you so much for all that you do!"*



# Our Partners

Edmonton's Food Bank works collaboratively with 300+ community organizations including 88 schools. These agency partners receive food from our warehouse to assist their clients.

## ADDICTION & RECOVERY

- Adeara Recovery Centre
- Alberta Health Services: Addiction and Mental Health
- Boyle Street Community Services: Managed Alcohol Program (MAP)
- Edmonton Drug Treatment Court Service (EDTCS)
- George Spady Society: George's House; Permanent Supportive Housing Scattered Site (SSPSH); Nasal Naloxone Pilot Project (Jan-Aug 2022); Supervised Consumption Site
- Henwood Treatment Centre
- Jellinek Society
- The McDougall House Association
- Our House Addiction Recovery Centre
- Recovery Acres Society

## COUNSELLING & BEREAVEMENT SUPPORT

- Alberta Health Services: Forensic Assessment & Community Services; Home Care; Mental Health
- Autism Edmonton (Autism Society of Edmonton Area)
- Canadian Mental Health Association Edmonton: Prosper's Place
- Catholic Social Services: FASD Program
- HIV Edmonton (HIV Network of Edmonton)
- Inner City Health and Wellness at Royal Alexandra Hospital
- Jewish Family Services
- Living Positive through Positive Living Society of Alberta
- Networks Activity Centre
- Pilgrims Hospice Society
- Queer & Trans Health Collective
- Schizophrenia Society of Alberta Edmonton Branch
- Spinal Cord Injury Alberta
- The Family Centre
- The Salvation Army



Metis Child and Family Services

## INDIGENOUS ORGANIZATIONS

- Aboriginal Head Start: amiskwaciy Cultural Society
- Ben Calf Robe Society
- Bent Arrow Traditional Healing Society: Community Outreach Transit Team
- Buffalo Keeper Nehiyaw Centre
- Canadian Native Friendship Centre
- Creating Hope Society
- Edmonton Aboriginal Seniors Centre
- Edmonton Heyoka Healing Society
- Edmonton Native Healing Centre
- Edmonton Urban Native Ministry (UNMan)
- Métis Child and Family Services Society
- Native Counselling Services of Alberta: Indigenous Housing First Program; Cunningham Place
- Niginan Housing Ventures: Ambrose Place; Sands Hotel; Belvedere
- Sacred Heart Church of the First Peoples
- Samson Cree Nation Urban Resource Office
- The Red Road Healing Society
- Trade Winds to Success Training Society



The Rock Outreach

# Our Partners

## EMERGENCY SHELTERS

- Radius Community Health and Healing: HARRT House; Kindred House; Supervised Consumption Site; Pregnancy Pathways
- Edmonton John Howard Society
- George Spady Society: George's House; Shelter and Detox; Balwin Place
- Hope Mission: Herb Jamieson Centre
- Inner City Youth Housing
- Mustard Seed: Britannia Crossing; Prairie Manor
- Native Counselling Services: Cunningham Place
- Nisa Homes
- Salvation Army - Edmonton Centre of Hope: Stabilization Housing Program
- Urban Manor Housing Society
- Women's Emergency Accommodation Centre (WEAC)
- Youth Empowerment & Support Services (YESS)



Anawin Place

We handed out  
**1,021**  
**EMERGENCY BAGS**

## EMPLOYMENT ASSISTANCE

- Accès Emploi\*
- Bissell Employment Centre\*
- Boyle Street Community Services Co-Op\*
- Canadian Mental Health Association\*
- Catholic Social Services\*
- City of Edmonton\*
- EmployAbilities\*
- Gateway Association
- Goodwill Industries of Alberta
- Habitat for Humanity\*
- Jasper Place Wellness Centre\*
- LEAP (Learn, Empower, Assist and Prepare)\*
- Lifemark (Empower Program)\*
- Metro Continuing Education
- NPower Canada\*
- On-Site Placement (OSP)
- The Learning Centre\*
- The Salvation Army\*
- Trade Winds to Success Training Society
- Women Building Futures\*
- E4C: Women Moving Forward

\*Our Beyond Food partners are marked with an asterisk

## FAMILY VIOLENCE

- Catholic Social Services: LaSalle Shelter
- Edmonton John Howard Society
- Elizabeth Fry Society
- Jessica Martel Memorial Foundation - Jessie's House
- Living Hope Christian Fellowship
- Lurana Shelter Society
- Nisa Homes
- Strathcona Shelter Society: A Safe Place
- Today Family Violence Centre
- WIN House\*



The Mosaic Centre: Mustard Seed

# Our Partners

## CHILDREN & YOUTH SERVICES

- ABC Head Start
- Aboriginal Head Start
- Action for Healthy Communities: Afghan Community Outreach Team; HACK - Healthy Active Community Kids; Sinkunia Development
- Adaptabilities
- Alberta Health Services: Health for Two; Enhanced Services for Individuals and Families
- Beverly Day Care Society and Family Resource Centre
- Beverly Towne Community Development Society
- Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area
- Brightwood Ranch: Hope Mission
- C5 Earthwalk FRN
- CHEW Project
- Crystal Kids Youth Centre
- Elves Special Needs Society
- Family Futures Resource Network
- Hope Mission: Tegler Youth Centre
- Inner City Youth Development Association
- Institut Guy-Lacombe de la famille (IGLF)
- Intercultural Child and Family Centre
- Jasper Place Child and Family Resource Centre: Parent Link
- Jasper Place Wellness Centre
- KARA Family Resource Centre
- Kids Kottage
- Kids on Track
- McCauley Community Afterschool Care Association
- McMan Youth Family and Community Services Association
- Mesh of Mothers Foundation
- Metis Child and Family Services Society: Attendance Centre Schools
- Multicultural Health Brokers Cooperative
- Norwood Child & Family Resource Centre
- Old Strathcona Youth Society
- Parkdale After School Care Society
- Rhema Chapel
- Red Road Healing Society: Family Resource Network
- Safe Families Canada
- Shiloh Youth Ranch
- Side Door Youth Centre: Evangel Assembly
- Sihle Sizwe Vineyard Foundation
- Somali Canadian Cultural Society of Edmonton
- Terra Centre
- The Family Centre
- Unlimited Potential Community Services
- YMCA of Northern Alberta
- YOUCAN
- Youth Empowerment & Support Services (YESS)
- Youth Rise
- Youth Unlimited



Kinsmen Boy's and Girl's Club (BGCBIGS)

**ONE  
THIRD**  
of Edmonton's Food Bank  
hamper recipients are  
**CHILDREN**

# Our Partners

## SCHOOLS & EDUCATION PROGRAMS

- Abbott School
- Aldergrove School
- amiskwaciy Academy
- Anne Fitzgerald School
- Annunciation School
- Austin O'Brien Catholic High School
- Avonmore School
- Balwin School
- Boyle Street Education Centre
- Indigenous Learning Services-Braided Journey's Programs: Oscar Romero Junior High School; St. Cecilia Catholic School; Our Lady of Peace School; Archbishop O'leary; St. Francis Xavier; Louis St. Laurent School; St. Benedict School; St. Alphonsus; St. Hilda School; H.E. Beriault School; St. Joseph High School; St. Thomas More School; Austin O'Brien School; St. Nicholas Junior High School; St. Mark's School
- Cardinal Collins High School Academic Centre: Westmount; Claireview
- Centre High Campus
- E4C: Early Head Start; Sorensen Place
- E4C: School Lunch and Summer Snack Program: Abbott School; Aleda Patterson School; Alex Janvier School; Athlone School; Balwin School; Bannerman School; Belmead School; Belvedere School; Brightview School; Calder School; Callingwood School; Claireview Headstart; Delton School; East Glen School; Gold Bar School; Highlands School; Homesteader School; Inglewood School; Ivor Dent School; John A McDougall School; John Barnett; Lee Ridge School; Lorelei School; Mayfield School; McArthur School; Mee-Yah-Noh School; Norwood School; Overlanders School; Prince Charles School; Princeton School; St Alphonsus School; St Bernadette School; St Francis of Assisi School; St Teresa School; Sifton School; Spruce Avenue School; Thorncliffe School; Tipaskan School; Youngstown School
- Eastglen School
- Ecole Publique Gabrielle-Roy
- Edmonton Catholic Schools - Alternative Education
- Edmonton Public Schools
- Elves Special Needs Society
- Evansdale School
- Genesis Catholic Online School
- Harry Ainley High School
- H.E. Beriault Catholic Junior High School
- Highlands School
- Jasper Place High School
- John Barnett School
- John Paul I School
- Lauderdale School
- Lee Ridge School
- Mee-Yah-Noh School
- ME Lazerte High School
- Oscar Romero Junior High School
- Our Lady of Peace School
- Our Lady of the Prairies School
- Our Lady of Victories Catholic School
- Parkview School
- Prince Charles School
- Queen Elizabeth High School
- Richard Secord School
- Sakaw School
- St. Alphonsus School
- St Anne Catholic School
- St. Catherine School
- St. Clement School
- St Francis School
- St. Francis of Assisi
- St. Francis Xavier Catholic High School
- St Joseph High School: Breakfast Club
- St. Kateri School
- St Maria Goretti School
- St Nicholas Junior High School
- St Philip Catholic School
- St Pius Elementary School
- St Teresa of Calcutta School
- St Thomas More Junior High School
- St Vladimir School
- Westmount School



West Meadows Food Depot

# Our Partners

## PARTNERED HAMPER PROGRAMS

- Alberta Avenue Community League
- Alberta Health Services: Collective Kitchens
- Alberta Immigrant Women & Children Centre
- Alexis Nakota Sioux Nation Resource Centre (ANSN Resource Centre)\*
- Anawim Place\*
- Art's on the Ave: Bethel Pantry
- Bethel Christian Reformed Community Church\*
- Radius Community Health and Healing (Boyle McCauley Health Centre)
- Boyle Street Community Services Co-op; North Star Apartments; Bridge Housing: Sandy's Place
- Boys & Girls Clubs Big Brother Big Sisters Edmonton & Area: Kinsmen\*; Tweddle\*; Westend\*
- C5 Northeast Community Hub
- CANAVUA – Canadian Volunteers United in Action\*
- The Candora Society of Edmonton\*
- Centre to End All Sexual Exploitation (CEASE)
- Centre d'accueil et d'établissement du Nord de l'Alberta (CAE)
- City of Edmonton
- Community of Christ Church\*
- Community Options: A Society for Children and Families
- Creating Hope Society
- Crystal Kids Youth Centre\*
- Dayspring Presbyterian Church\*
- Edmonton Meals on Wheels
- Edmonton Native Healing Centre\*
- Edmonton Police Services: Crime and Trauma-Informed Support Services
- Edmonton's Food Bank Annex\*
- Edmonton's Food Bank Mobile Depot: Chapelle\*; Blue Quill\*; Rogers Place\*; Beulah West\*; Clareview\*
- Elizabeth Fry Society
- Emmaus Lutheran Church\*
- First Presbyterian Church\*
- Foundation for Oromian Culture, Education, and Art Services (FOCAS)
- Fort Road Victory Church: Pantry n' More
- Freedom Centre Church (Clareview)\*
- St Philip Catholic School
- St Pius Elementary School
- St Teresa of Calcutta School
- St Thomas More Junior High School
- St Vladimir School
- Westmount School
- Guru Nanak Foundation for Humanity (Sikhs for Humanity Edmonton)
- habitAction
- Hillview Baptist Church\*
- Holy Spirit Lutheran Church\*
- Hope City Church\*: Kingsway Campus
- Hosanna Lutheran Church\*
- iHuman Youth Society
- Inglewood Christian Reformed Church\*
- Islamic Family and Social Services Association (IFSSA)\*
- Jasper Place Wellness Centre
- Kali United
- MacEwan University
- Maranatha Christian Reformed Church\*
- Markazul Iman for Tomorrow's Shade Association (MITSA Centre)\*
- Marian Centre
- McClure United Church\*
- Mill Woods United Church\*
- Norquest College
- North Edmonton Seniors Association
- Northeast Christian Fellowship (Edmonton)
- Project Adult Literacy (PALS)
- Rhema Chapel: The Redeemed Christian Church of God\*
- Robertson Wesley United Church\*
- (The Rock Outreach) Rock Lutheran Inner-City Society
- Sacred Heart Church of the First Peoples
- Southminster-Steinhauer United Church\*
- Steele Heights Baptist Church\*
- St Herman's of Alaska Orthodox Sabor\*
- St John the Evangelist Catholic Parish\*
- St Joseph High School
- St Luke's Anglican Church\*
- St Mary's Anglican Church\*
- St Matthias Anglican Church\*
- St Michael's and All Angels\*
- St Teresa's Roman Catholic Parish\*
- The McDougall House Association
- The Mustard Seed: Mosaic Centre\*\*
- The Red Road Healing Society
- The Salvation Army: Canon Ridge; Castledowns\*\*
- Trinity Lutheran Church\*
- Uncles & Aunts at Large Society
- Unitarian Church of Edmonton (UCOE)\*
- United Pentecostal Spanish Church of the Name of Jesus in Edmonton
- WECAN Co-Operative
- West Edmonton Baptist Church\*
- West Meadows Baptist Church\*

\* Asterisk indicates a community food depot

# Our Partners

## NEWCOMER/IMMIGRANTS

- Action for Healthy Communities: Sinkunia Community Development Organization;
- C5 Northeast Community Hub: Earthwalk FRN
- Catholic Social Services: Immigration Services
- Changing Together: A Centre for Immigrant Women
- Edmonton Emergency Response and Newcomer Services (EERNS)
- Edmonton Immigrant Services Association (EISA)
- Edmonton Mennonite Centre for Newcomers
- Francophonie Albertaine Plurielle (FRAP)
- Islamic Family and Social Services Association (IFSSA)
- Multicultural Family Resource Society
- Multicultural Health Brokers Cooperative (MCHB)
- Sihle Sizwe Vineyard Foundation
- United Pentecostal Spanish Church of the Name of Jesus in Edmonton

## SENIORS

- Alberta Health Services: Home Care
- Bernadette N Swan Social Care Foundation (BNSSCF)
- Greater Edmonton Foundation Housing for Seniors
- Edmonton Aboriginal Seniors Centre
- North Edmonton Seniors Association
- Operation Friendship Seniors Society (OFSS)
- Seniors Association of Greater Edmonton (SAGE)
- Senior Citizen Opportunity Neighbourhood Association (SCONA Seniors)
- Seniors Outreach Network Society



Food Hamper Program in Partnership with Alberta Immigrant Women and Children Centre



The Leash Team: Edmonton Dog Walking

## PET/ANIMAL

- Ardrossan Bird Farm
- Boyle Street Community Services Co-Op: Inner City Recreation Pet Food Bank
- Edmonton Humane Society
- Edmonton Valley Zoo
- Farm Animal Rescue
- HART (Humane Animal Rescue Team)
- Infinite Woofs
- John Janzen Centre
- Little Cats Lost
- Parachutes for Pets
- Parkland County Pet Food Bank
- Pet Pantry
- SCARS: Second Chance Animal Rescue
- Wild North Rehabilitation Society
- Zoe's Animal Rescue

# Our Partners

## OTHER FOOD BANK PARTNERS

- Campus Food Bank
- Lamont Food Bank
- Leduc Food Bank
- Parkland Food Bank
- St. Albert Food Bank
- Strathcona Food Bank
- Tofield-Ryley & Area Food Bank
- Veteran's Association Food Bank

## MEAL PROGRAMS

- Bissell Centre: Moonlight Bay Summer Camp; Community Meals; Child Care; Community Centre; Jockey Dorms; Hope Terrace; Nursing Program
- Bernadette N Swan Social Care Foundation (BNSSCF)
- Boyle Street Community Services Co-op: Youth Unit; Street Outreach; Streetworks Team; HELP Team; Health for Two; Street Outreach; Youth Services; Mental Health Unit; Winterbus; Drop-In; HER Program; Inner City Recreation and Wellness; Streetworks; Encampment Housing Outreach Team
- Building Hope
- The Candora Society of Edmonton
- Crystal Kids Youth Centre
- Dickensfield Amity House
- Edmonton Father's House
- Edmonton Native Healing Centre
- Fort Road Victory Church
- Hope Mission
- House of Refuge Mission
- Jasper Place Wellness Centre
- KARA Family Support Centre
- Living Hope Christian Fellowship



- Living Hope Christian Fellowship
- Mustard Seed Church: Christian Care Centre; Mosaic Centre; Neighbour Centre
- Niginan Housing Ventures: The Gathering Place
- The Red Road Healing Society
- Refuge Mission House
- Rhema Chapel
- St Faith's Anglican Church
- The Salvation Army: (Edmonton Centre of Hope): Stabilization Housing Program; Addiction and Residential Centre (CRC); Keystone Program; Cornerstone Program
- Thrive Outreach





# Volunteers



People make it possible for us to fulfill our mission. Volunteers collect food and monetary donations at community events, build food hampers, sort and repack food, drive and swamp on our truck, and take calls from people needing food. Beyond all of this, our volunteers are our ambassadors, helping to engage the community in the work of Edmonton's Food Bank. Volunteers are the heart and soul of our work.

Thank you to our amazing team of volunteers. Your work makes Edmonton a better community for all. We are truly grateful for all you do!



## MUD, SWEAT, & GEARS

Our wonderful volunteer Tom had his bike stolen from outside our warehouse and Paul from Mud, Sweat, and Gears was gracious enough to donate a brand new bike so Tom is able to continue to commute around the city! This act of kindness warms our hearts and we applaud Paul for his thoughtfulness.



# Volunteers



In 2022, our wonderful volunteers donated

**118,400 HOURS**  
**THANK YOU!**



# Edmonton's Food Bank **Team**

## **Executive Director**

Marjorie Bencz, *CM*

## **Director of Operations**

Mark Doram

## **Support Services Manager**

Jamie Post

## **Support Services Team**

Suedelle Baudais  
Melanie Brule  
Nicole Carruthers  
Jennifer Lee  
Yenny Paola Gonzalez Mateus  
Zelda Quinney  
Mindy Tang

## **Warehouse Manager**

Vince Sinatynski

## **Hamper Line Coordinator**

Kayla Green

## **Transportation Specialist**

Michelle Haro Pena

## **Logistics Team & Drivers**

Tufa Abraham  
Olena Antipova  
John Aweit  
Iuliie Bashtanova  
Marsan Bobasa Soboka  
Jim Bro  
Jaclyn Bryson  
April Chalifoux  
Michael Cooknell  
Norman Coons  
Deng Deng  
Daniel Fung  
Abel Garcia  
Olena Gorshkova  
Jaime Guerrero  
Amelia Hill  
Wendy Iwaskow  
Nicholas Jacklin  
Idman King  
Wes Knutson  
Tyler Mudrey  
Eddy Piche  
Dan Quist

Javier Ravelo  
Paul Rondeau  
Marno Sekora  
Debbie SO  
Daria Timokhova  
Tracey Treidler  
Feysal Umar  
Jose Velasquez  
Tracey Waller-Heft  
Chelsea White  
Bruce Willard

## **Agency/Depot Engagement Manager**

Hailey Helset

## **Volunteer Engagement Manager**

Virginia Pegg

## **Volunteer Engagement Specialist**

Cindy Washbrook

## **Beyond Food Team**

Wisam Abu Rajab  
Yagut Albers

## **Food Hub Coordinator**

Judy Yawney

## **Manager of Strategic Relationships & Partnerships**

Tamisan Bencz-Knight

## **Events & Community Engagement Coordinator**

Debbie Theuss

## **Media & Communications Coordinator**

Chevy Cottrell

## **Resource Development Team**

Siegfried Bressmer  
Doug Hunter  
Gregory McCosham  
Susan Padget

## **Client Services Coordinator**

Tracey Gilchrist

## **Client Services Team**

Brittany Coxé  
Suzanne Delos Santos  
Jo-Ann Dewald  
Barbara Koetze  
Teresa Rossmann  
Noah Underwood

As of December 2022

## **Board of Directors**

### **Chairperson**

Michael Capus

### **Vice Chair**

David I. Benjestorf

### **Treasurer**

Jill Thygesen

### **Secretary**

Katherine Huising

### **Past Chair**

Sandra Neis

### **Directors**

Pam Averill  
Daniel Cardinal  
Ray Dallaire  
Khadija Jiwani  
Michele Kirchner  
Alim Nizar Somji  
Pam Lafferty  
Ryan Lowe  
Clodia Kanna

# EDMONTON'S FOODBANK



Charitable Number 129185310 RR0001

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